



AGE GROUPS

A person's age is defined by their 'year of birth'

To calculate your DNZ AGE simply subtract the 'year of birth' from the current year, *for example;*

$$2017 \text{ [current year]} - 2002 \text{ [birth year]} = 15 \text{ [DNZ AGE]}$$

Age Group	Competition year	Competition year
	2017	2018
Juvenile 12 & under	2005 or later	2006 or later
Junior 13, 14 or 15	2002 to 2004	2003 to 2005
Youth (<i>Under 21</i>) 16 to 20	1997 to 2001	1998 to 2002
Adult 21 to 34	1983 to 1996	1984 to 1997
Masters I 35 to 49 (30 to 49)	1968 to 1982 <i>1968 to 1987</i>	1969 to 1983 <i>1969 to 1988</i>
Masters II Over 50 (Over 45)	1967 & earlier <i>1972 & earlier</i>	1968 & earlier <i>1973 & earlier</i>

Please Note:

These Age Groups are how DNZ classifies competitors and not the scope of Events a Competition may run.

A Competition Organiser may combine Age Groups, for example a Masters event may include Age Groups Masters I & Masters II competitors.

